

## **Lime House Yoga 2020 course dates**

### **10 - 17 January 2020 - 8 (7 Nights) day intensive residential**

- Friday 6 - 8pm
- Saturday 10.30 - 7pm
- Sunday - Thursday 7.15 - 9.15am, 11 - 6pm
- Friday 7.15 - 9.15am, 11 - 4pm

### **7 - 9 February 2020**

- Friday 6 - 8pm, Saturday 10.30 - 7pm, Sunday 8 - 4pm

### **6 - 8 March 2020**

- Friday 6 - 8pm, Saturday 10.30 - 7pm, Sunday 8 - 4pm

### **17 - 19 April 2020**

- Friday 6 - 8pm, Saturday 10.30 - 7pm, Sunday 8 - 4pm

### **15 - 17 May 2020**

- Friday 6 - 8pm, Saturday 10.30 - 7pm, Sunday 8 - 4pm

### **12 - 14 June 2020**

- Friday 6 - 8pm, Saturday 10.30 - 7pm, Sunday 8 - 4pm

### **3 - 5 July 2020**

- Friday 6 - 8pm, Saturday 10.30 - 7pm, Sunday 8 - 4pm

### **7 - 9 August 2020**

- Friday 6 - 8pm, Saturday 10.30 - 7pm, Sunday 8 - 4pm

### **18 - 20 September 2020**

- Friday 6 - 8pm, Saturday 10.30 - 7pm, Sunday 8 - 4pm

### **30 Oct' - 30 Nov' 2020**

- Friday 6 - 8pm, Saturday 10.30 - 7pm, Sunday 8 - 4pm

### **27 - 30 November 2020 - 4 day intensive residential and final teaching observation**

- Friday 11 - 6pm
- Saturday 7.15 - 9.15am, 11 - 6pm
- Sunday 10.15 - 6pm
- Monday 9:30 - 2pm