

**Lime House Yoga Foundation Teacher  
Training Application form 2020**

Once downloaded please open this form in a PDF reader and fill it in by typing in the available fields.

\*Please do not fill the form in by hand.

(Mr / Mrs / Miss / Ms):	First Name:	Surname:
Address:		
Postcode:		
Date of Birth:	Nationality:	
Phone (Day):	Phone (Eve):	
Email:	Mobile:	
Occupation:	Website:	

**How did you hear of Lime House Yoga?**

**Previous Yoga experience** (include evidence of meeting the pre-requisites, how long you have practiced, what style and who your current teacher is)

**Do you have any other relevant qualifications / training / experience?**

**What are your reasons for applying for this course including your expectations?**

**Do you have any physical, mental or emotional conditions that you feel we should be made aware of (in the interests of yourself, fellow students or the teachers)?**

Any information given will be treated in the strictest confidence.

**What do you think will be the most challenging aspect of undertaking the teacher training course?** (please consider issues such as home life, caring responsibilities, work, travel as well as injuries or health challenges, learning difficulties)

## Your Health History

It is important that you advise us of any issue which could affect your participation in our teacher training programme and taught classes. The information you provide here will be held in the strictest of confidence. If any of the answers change before or during the training it is your responsibility to inform a member of the LHY faculty.

### Contraindications

<p><b>Do you have any medical conditions?</b> If yes, please specify:</p>
<p><b>Are you on any medication?</b> If yes, please specify:</p>
<p><b>Any major or recent accidents or surgery?</b> If yes, please specify:</p>
<p><b>Major or recent illnesses?</b> If yes, please specify:</p>
<p><b>Do you have any medical conditions?</b> If yes, please specify:</p>

**Are you interested in taking advantage of the subsidised membership or insurance provided by Yoga Alliance Professionals (please tick)?** If you tick either of the boxes, we will pass your contact details to YAP so that they may get in touch with you.

- Insurance
- YAP trainee membership

## **How we will use the information you give us**

At Lime House Yoga we take your privacy very seriously. We will collect and use information that you provide when you register as a student with us and any information you provide via our website. This information will be used to administer your teacher training programme, to ensure your safe attendance at Lime House Yoga and to send information about suitable classes/workshops/retreats or other Lime House Yoga offerings. We will not share your information with any other party for the purposes of marketing and you can opt out of receiving our newsletter at any time by contacting us.

Where necessary to protect your vital interests (e.g. a medical emergency) it may be necessary for us to share your information with third parties. Where you have given your consent above, we will also share your information with Yoga Alliance Professionals.

In addition to the disclosures identified above, Lime House Yoga Ltd. may disclose your personal information to the extent that it is required to do so by law, in connection with any legal proceedings or prospective legal proceedings, or in order to establish, exercise or defend its legal rights.

Lime House Yoga Ltd. will take reasonable technical and organisational precautions to prevent the loss, misuse or alteration of your personal information and to store all personal information you provide securely.

You should be aware that personal information such as testimonials, photographs or videos that you submit for publication on our website or social media pages will be published on the internet and may be available around the world.

**By signing this application form, you are agreeing that you have read fully the course prospectus and understand the payment, attendance, assessment and practice requirements.**

**Signature**

**Dated**

- Once completed, print two copies of the form making sure to **sign** and **date** both copies above.

Keep one copy for your records and with the second, either:

- Return it by **hand** to studio
- By **post** to: Lime House Yoga, Mount, Rose, Truro TR4 9PP
- or **scan** and **email** it to **info@limehouseyoga.com**