

# Lime House Yoga Foundation Teacher Training

## Terms and Conditions 2018-2019

### Application

Students wishing to apply for the Lime House Yoga Foundation Teacher Training Course must meet the following pre-requisites:

- To have been practising yoga for a minimum of 2 years (including attendance at classes, workshops, retreats, home practice, etc).
- and**
- To have attended an interview with the teaching faculty.

A completed application form does not guarantee acceptance on to the course. Acceptance onto the course is determined by a range of factors including the opinion of the interviewing teachers, about your suitability at this time. If you are not accepted, this does not preclude you from applying for a subsequent year and you are entitled to feedback on why.

### Study, attendance and qualification

100% attendance is expected throughout the course. All coursework and exams must be completed to an acceptable standard before the end of the course in order to receive the qualification. Students who do not wish to receive a teaching qualification may choose not to submit assessments.

If circumstances require a student to miss a taught module, they may make this up with additional study by agreement with the teaching faculty. This may incur further costs which will be agreed between the student and teacher. There may be circumstances in which a student wishes to put their training on hold, you may discuss options with the teaching faculty.

*Assessment extension within year* – you may apply for an extension for individual coursework, however in order to pass and receive your certificate, all coursework must be handed in by the final deadline within your course year.

*Assessment extension beyond year* – some students either by mutual agreement or due to specific circumstances may wish to extend their assessment submission beyond the 12 month programme. These applications will be assessed on a case by case basis giving due consideration to the student's personal circumstances. This may incur further costs which will be agreed between the student and teaching faculty.

Becoming an inspirational teacher starts with your own personal practice and we will expect students to develop a daily practice. This is the foundation for your ongoing learning and growth.

## Quality assurance

Faculty teachers/trainers are required to set and mark theory and exam papers and observe practice, providing effective feedback to the student. The student cohort will be divided between the senior faculty teachers and their assessments will be moderated.

Students will be asked regularly for their evaluation of the course and attention will be paid to their feedback. If you are not happy with any aspect of the course you may have recourse to our Complaints Policy (insert link), we would always ask that you raise your concerns with the senior teaching team in the first instance.

## Costs and payment

The total cost of the course is £3070 (tuition & admin £2320 / full-board residential £750). A deposit of £570 is required to secure a place for this Teacher Training Course. Please note that the deposit is **non-transferable** and **non-refundable** on acceptance of application unless Lime House Yoga Ltd cancels the course.

Payment of the balance may be made either in full or by instalments, please see below. We reserve the right to withdraw a place to students who have not paid their deposit or full fees by the required date.

*Included in the cost of the course is:* tuition, 10 days full board residential, all drinks and lunch on your taught weekends, course manuals, optional discount on Yoga Alliance Professionals (YAP) Trainee membership and subsidised join up fee to upgrade your YAP membership within 14 days of your graduation.

*Not included is:* travel, accommodation on taught weekends, books and reference materials, personal teacher insurance, class attendance fees and the cost of your YAP membership.

Please note you will be required to take out personal teacher insurance at the start of the course to cover you for your teaching practice away from Lime House Yoga. This can be obtained from YAP at a subsidised rate of £15 and there are other insurance providers available, please ask your tutors.

## Cancellation

**All students are committed to the full payment of course fees once a course has begun.**

Students wishing to withdraw from this course once they have enrolled and which has not yet started may do so up to **one month** prior to the course commencement date. Providing notice of cancellation is received **one month** before the course begins, the student will receive a refund of any course fees (**not including the deposit**) already paid.

In the case of absence or a student wishing to leave the course once it has started, fees are **non-transferable** and **no refund** may be given wholly or in part. Likewise,

**all students are liable for complete payment of course fees regardless of whether they decide to continue or not after starting the course.**

All cancellations must be received in writing.

### **Miscellaneous**

Lime House Yoga reserves the right to make any amendments to the publicised prospectus, prices and payment options should circumstances demand it.

Whilst every effort will be made by Lime House Yoga to ensure that the manner in which each course is conducted is entirely safe, the school cannot accept liability for any injury, loss or damage incurred or sustained on a course or any other harmful consequence arising during or after a course. Students agree that they will not hold Lime House Yoga responsible for any injury, loss or damage or harmful consequence arising during or after a course. It is always advisable to consult your doctor before embarking on a course - the course offered is not a substitute for medical treatment and if you have any doubts as to the suitability of the course refer back to your medical practitioner.

### **ACCEPTANCE**

I wish to enrol for the LHY Teacher Training Course November 2018 - December 2019 by paying a deposit of £570. This can be paid via any of the instalments options below:

### **Deposit Payment**

I enclose a deposit of £ ..... cheque payable to **Lime House Yoga Ltd** or for BACS online payment to:

**Lime House Yoga Limited**  
**Account number: 68627315**  
**Sort Code: 08-92-50**

(With all bank transfers, please include your name as the reference)

**Please note - the full deposit must be made prior to the beginning of the course.**

### **Balance Payment Options**

(please tick which option you choose)

	<p><b><u>Option 1:</u></b> In full £2500 by the first day of the course - <b>16 November 2018</b></p>
	<p><b><u>Option 2:</u></b> 4 payments of £625</p> <ul style="list-style-type: none"><li>- £625 by 31 August 2018</li><li>- £625 by 30 September 2018</li><li>- £625 by 31 October 2018</li><li>- £625 by 30 November 2018</li></ul>
	<p><b><u>Option 3:</u></b> 10 monthly payments of £250 starting from the month after deposit is paid. The student must set up a direct debit and provide confirmation this this has been done.</p>

### **Disclaimer**

Before beginning any exercise program, including yoga, please consult with your primary care doctor regarding any physical concerns, questions, or limitations you may have prior to attending any class. You must use your own intuition to listen to and work with your body. It is your responsibility to let your teacher know what is, or is not, feeling good: if any movements hurt, or are not comfortable, it is your responsibility to make certain that you never take a stretch, pose, or asana (exercise) to a level of discomfort or pain. If any unusual or distressing symptoms should occur, stop participating and check in with the teacher. It is your responsibility as a student to stop a pose that is not comfortable or modify it for your body. The undersigned hereby agrees to indemnify and hold harmless J Orton, and any respective instructors, from and against liability, damages, costs, loss or expense (including without limitation, legal fees) arising out of any bodily injury, at any time sustained by the undersigned. Yoga is no substitute for medical diagnosis and treatment; that yoga practice and/or specific poses are not recommended for individuals with certain conditions (e.g., cardiac illness, later stages of pregnancy, post-surgery); and that the student assumes the risk of yoga practice and releases the teachers and studio from any liability claims

I (please insert full name)..... **herewith confirm**  
**that I have read and understood all of the information within the Lime House**  
**Yoga Teacher Training enrolment form, syllabus and code of conduct. By**

**signing this form I confirm that I am aware of the above terms & conditions and understand I am responsible for the full payment of the course fees regardless of my attendance on this course.**

**I have read, agree with, and will adhere to the disclaimer above.**

**Signature..... Dated .....**

**(Please note, if you return this electronically, we do request that you scan, print and sign this form rather than typing your name. Thank you.)**